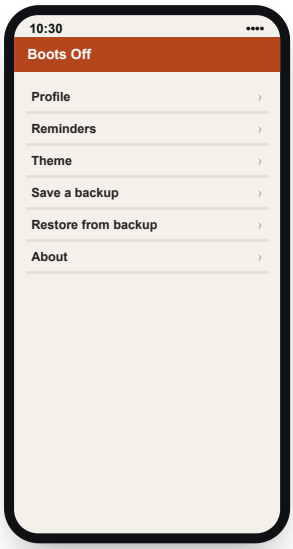
Make a backup of Boots Off

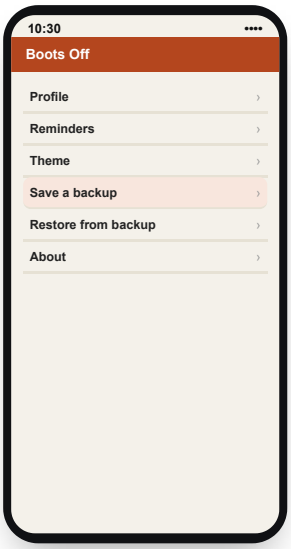
Do this once a month, and after big changes.

`Send it to: (your family's email)`

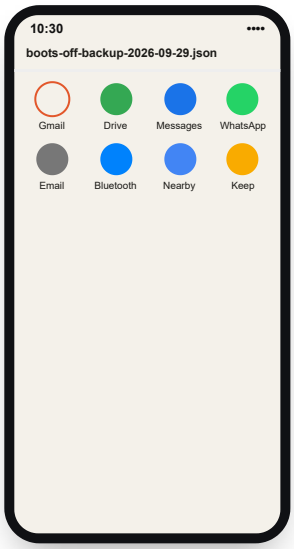
1 Open Boots Off. Tap **Settings**.



2 Scroll down. Tap **Save a backup**.



3 Tap **Gmail**, or the app you use for email.



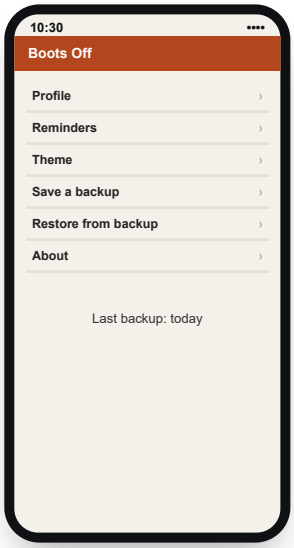
4 Next to **To**, type your family's email address.



5 Tap **Send** — it's the arrow at the top.



6 Back in Boots Off, **Last backup** shows today's date.



On a computer instead? The file saves to Downloads — attach it to an email the same way.

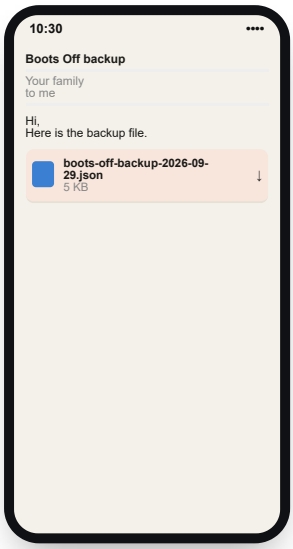
Keep the email. It holds your backup. Loading one back in is on the next page.

Load a backup into Boots Off

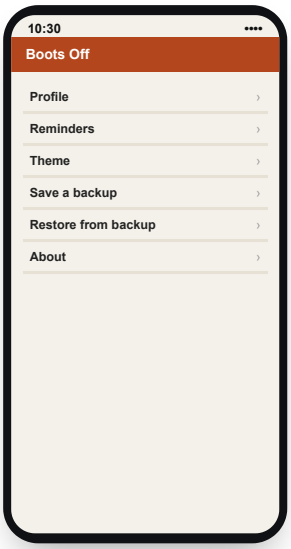
This puts your details back from a backup file.

`The file's name starts with: boots-off-backup`

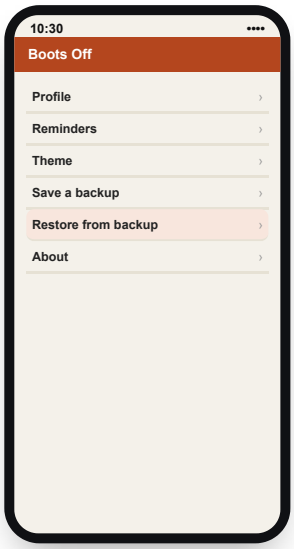
1 In the email with the backup, tap the **download arrow**.



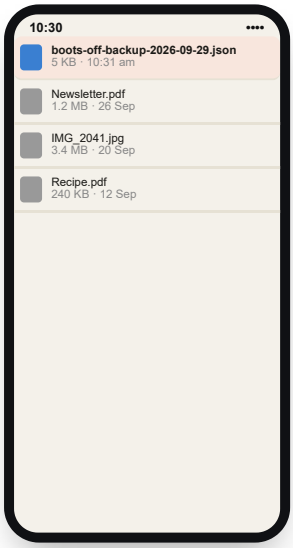
2 Open Boots Off. Tap **Settings**.



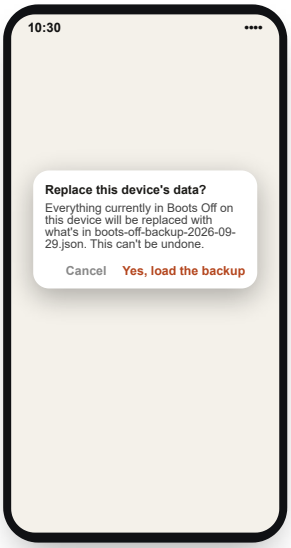
3 Scroll down. Tap **Restore from backup**.



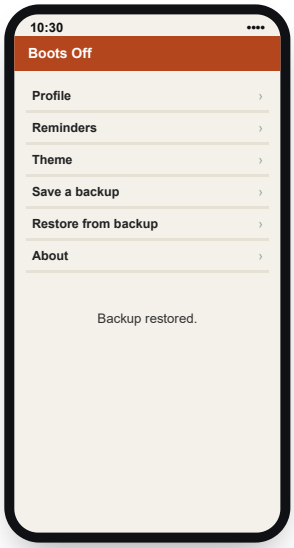
4 Tap the backup file. Its name starts with **boots-off-backup**.



5 Check the date. Tap **Yes, load the backup**.



6 Boots Off says the backup loaded. Your details are back.



Loading a backup **replaces everything** currently in the app with what's in the file.

Can't find the email? Look in Sent, or ask your family to send it back to you.