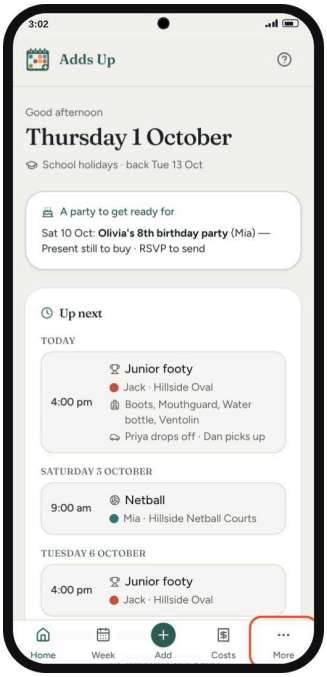
Make a backup of Adds Up

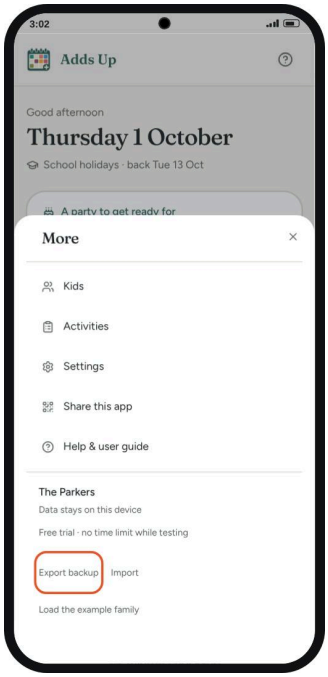
For Android phones. Adds Up reminds you once a week.

`Send it to: your own email`

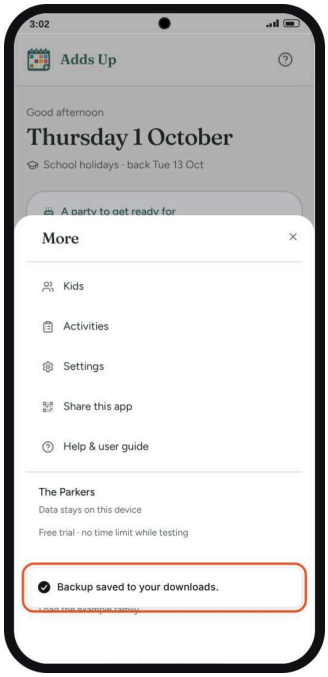
1 Open Adds Up. Tap **More**, at the bottom right.



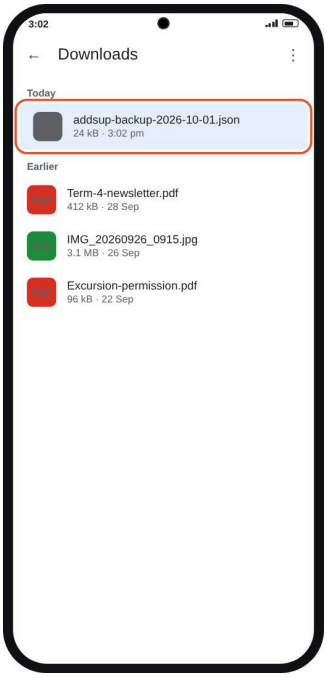
2 Tap **Export backup**, under your family's name.



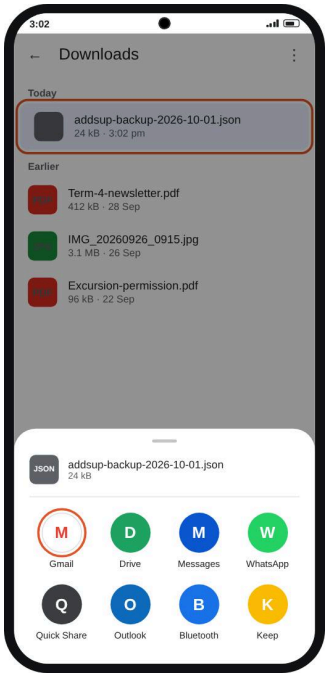
3 Adds Up says **Backup saved to your downloads**.



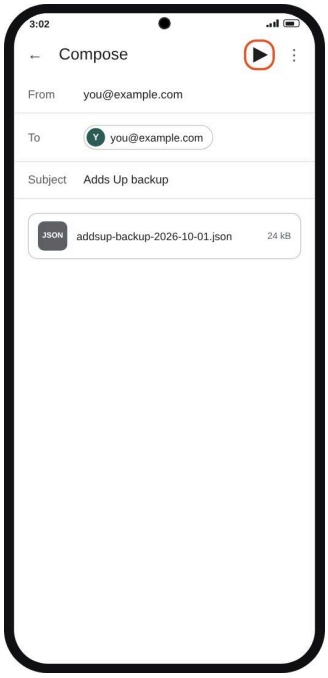
4 Open your **Files** app (**My Files** on a Samsung). Tap **Downloads**.



5 Press and hold the backup file. Tap **Share**, then **Gmail**.



6 Next to **To**, type your own email. Tap **Send**.



Keep the email. It's your backup. When Adds Up reminds you, **Export now** on the reminder does steps 1 to 3.

No Gmail? Pick the email app you use, or **Drive** to keep it in Google Drive.

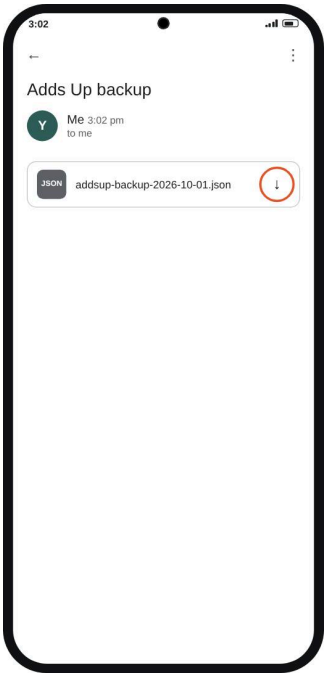
Load a backup into Adds Up

For Android phones. This puts your family back from a backup file.

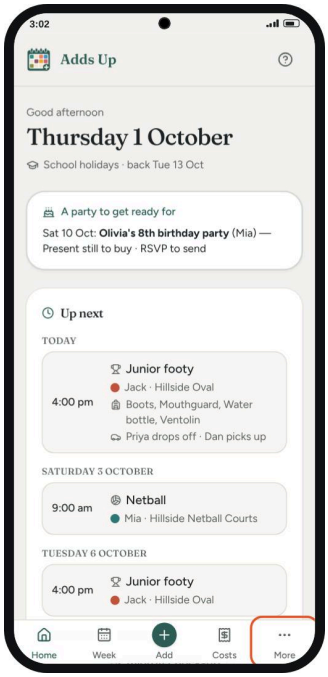
`The file's name starts with: addsup-backup`

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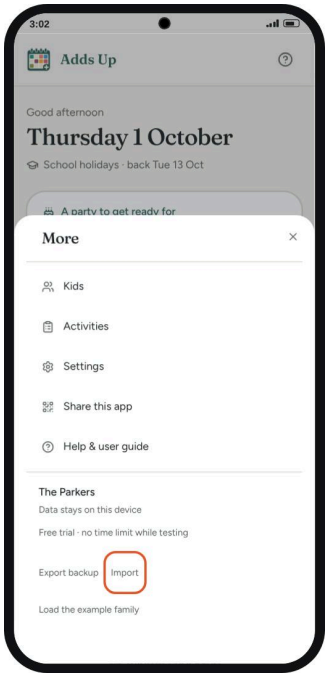
1 Open the email with your backup. Tap the **download arrow** on the file.



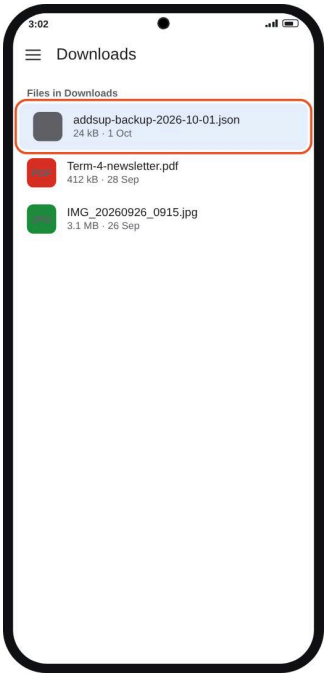
2 Open Adds Up. Tap **More**, at the bottom right.



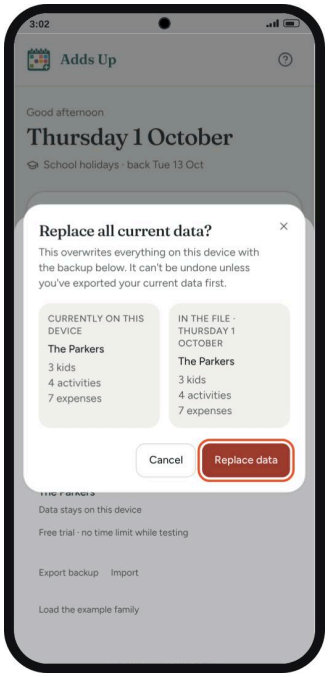
3 Tap **Import**, under your family's name.



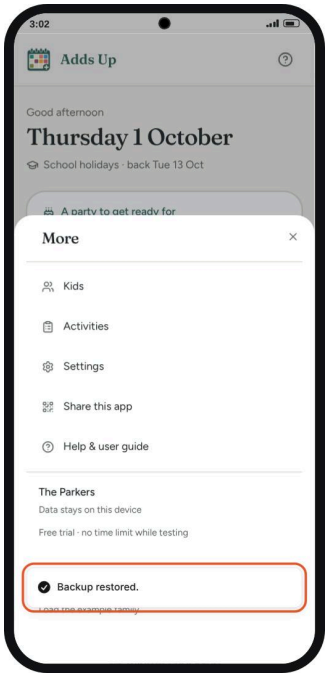
4 Tap **Files** if your phone asks. Then tap the backup file in **Downloads**.



5 Check the family and the date are right. Tap **Replace data**.



6 Adds Up says **Backup restored**. Your family's back.



Loading a backup **replaces everything** in Adds Up on this phone with what's in the file.

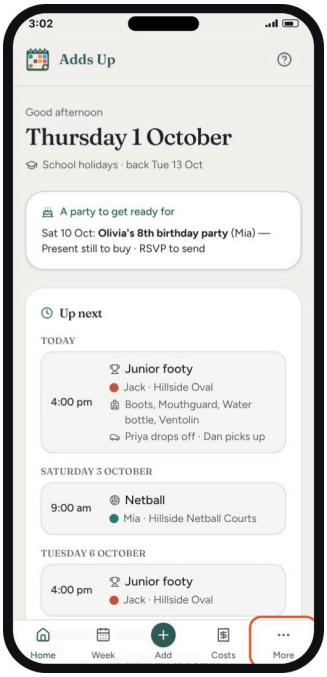
Can't find the email? Search Gmail for **addsup-backup**, or look in Sent.

Make a backup of Adds Up

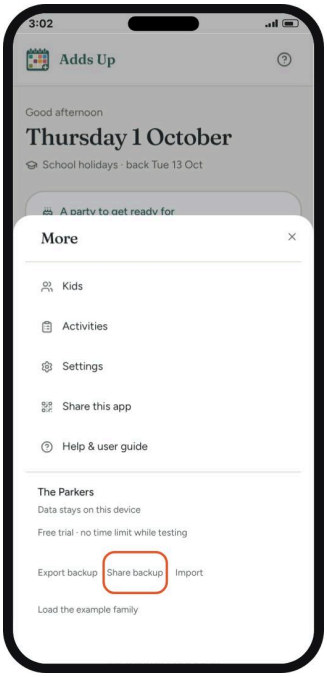
For iPhone and iPad. Adds Up reminds you once a week.

`Send it to: your own email`

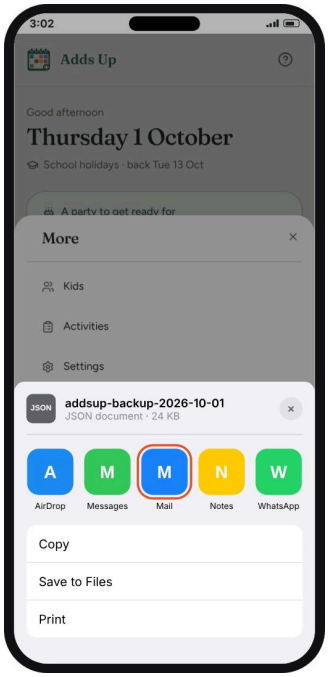
1 Open Adds Up. Tap **More**, at the bottom right.



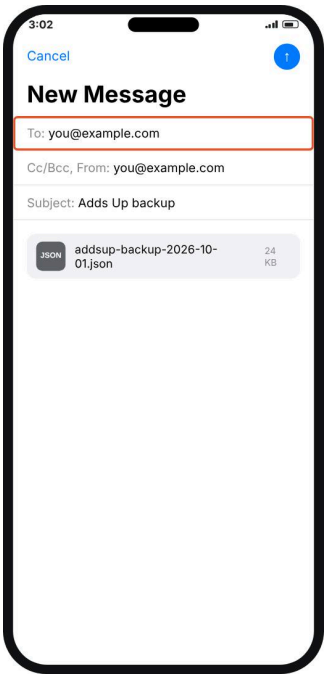
2 Tap **Share backup**, under your family's name.



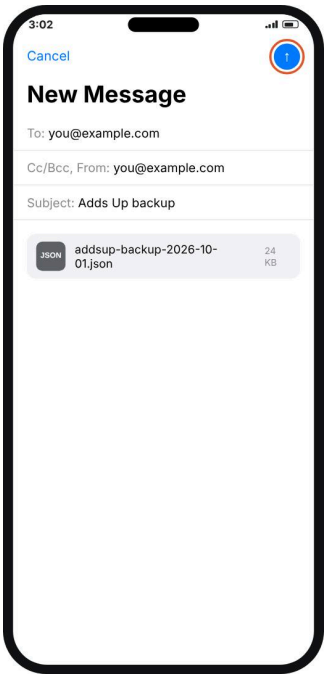
3 Tap **Mail**.



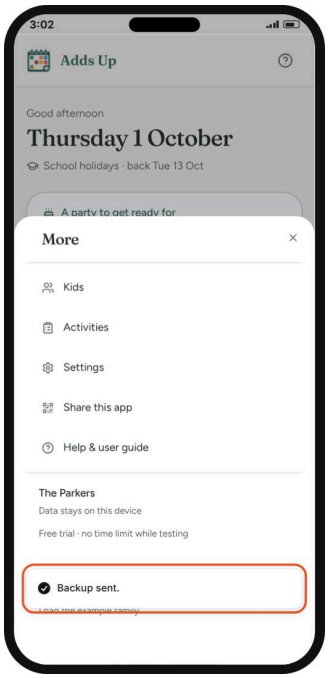
4 Next to **To**, type your own email.



5 Tap the blue **send** arrow.



6 Back in Adds Up, it says **Backup sent**.



Keep the email. It's your backup. When Adds Up reminds you, **Share backup** on the reminder does steps 1 and 2.

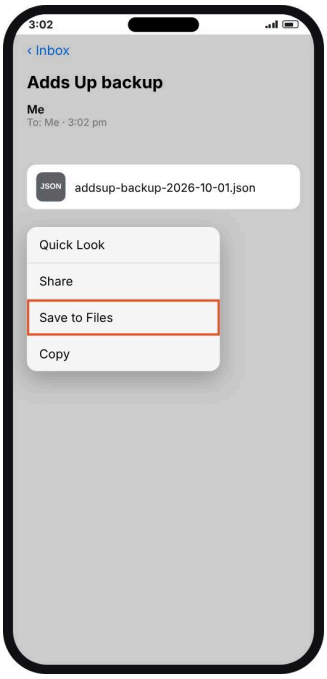
To keep a copy in iCloud too, tap **Save to Files** in step 3, then **iCloud Drive**.

Load a backup into Adds Up

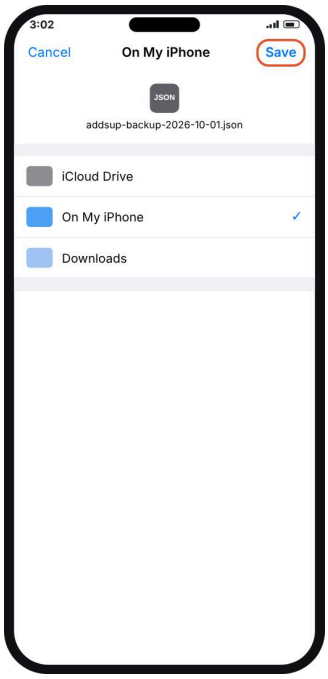
For iPhone and iPad. This puts your family back from a backup file.

`The file's name starts with: addsup-backup`

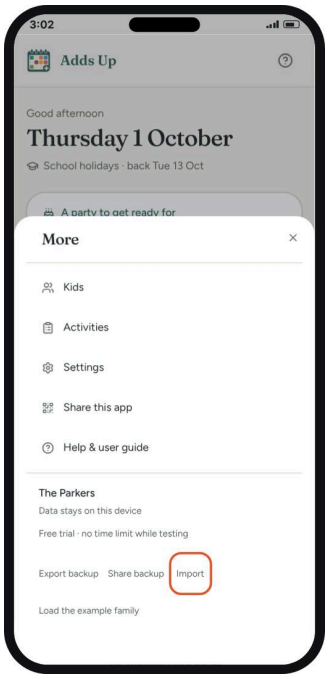
1 In **Mail**, open the email with your backup. Press and hold the file. Tap **Save to Files**.



2 Tap **On My iPhone** (or **iCloud Drive**), then **Save**.



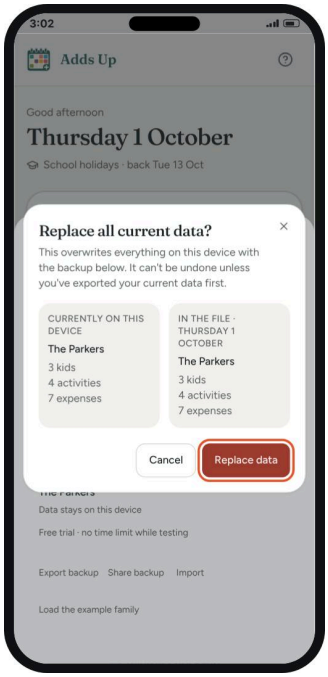
3 Open Adds Up. Tap **More**, then **Import**, under your family's name.



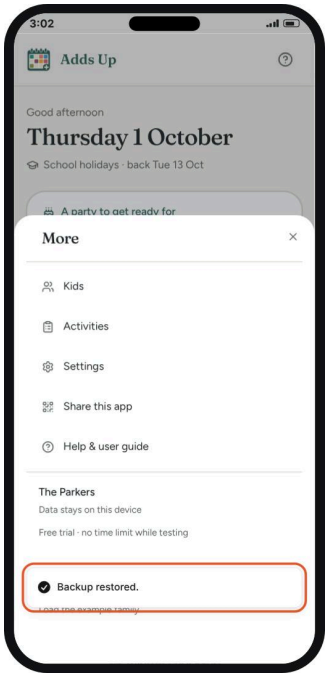
4 Tap **Choose File** if your phone asks. Then tap the backup file.



5 Check the family and the date are right. Tap **Replace data**.



6 Adds Up says **Backup restored**. Your family's back.



Loading a backup **replaces everything** in Adds Up on this phone with what's in the file.

Can't see the file in step 4? Tap **Browse** at the bottom, then **On My iPhone**.